



Self-Mastery & Authentic Communication With The **ENNEAGRAM**

- *12 and 13 October 2023*

USING THE ENNEAGRAM



The workshop emphasizes the importance of awareness as a fundamental tenet and provides a platform to explore the key components of understanding self and unveiling blind spots. Secondly it will improve decision making and manifesting changes in our life. When there is clarity in our life, we can be conscious, build long lasting and authentic relationships.



KEY OBJECTIVES:

To increase awareness of self, recognize blind spots, understand clients to build better relationships and identify prospects for effective communication

The program will assist anyone to understand their deeply held patterns of thinking and behaving, how information is processed and conveyed both consciously and unconsciously. With such an understanding, the ability to tweak our responses to achieve personal excellence is heightened. Nurturing such a skill and ability allows us to effectively influence and lead others.

The 9POV tool will pinpoint with accuracy one's predispositions and what is driving success or limiting growth opportunities. It will not only highlight gaps and challenges but offer a path for growth with clear guidelines about how to move forward. This workshop will offer a roadmap for making a complete turnaround in our communication and relationships . As you discover your personality type, you also will discover what motivates you, your coping strategy and keys to personal development.



LEARNING OUTCOMES



Understand the key Features of the Enneagram & 9 Styles



Identify your Unconscious Patterns and triggers



Practice how to read behaviors and predict possible Outcomes



Be effective at communicating and connecting with all types.



How deal with different types in tough situations



How to interpret the Enneagram Personality Profile (9POV).



Learn how to give Effective Feedback to the different types



What Others are Saying?

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Julius Bär

Raquel Manumbale

Bank Julius Baer & Co. Ltd.

“I’ve read something about Enneagram before but I never found it very interesting, until I attended this training. Gran is very knowledgeable in the subject and successfully gained 100% attention from the audience. His interactive style and activities were very useful and entertaining. Before the training, I never knew I had a 9 Personality (Peaceful Person) until I did the Enneagram questionnaire. It was an eye-opener for me as it makes me understand more of my characteristics. Gran also taught us how to understand other person’s personality, which from my perspective can be easily applied in our day to day lives, but most especially in the workplace. In summary, I would recommend this training to everyone who is interested to learn more about their personalities and to understand their partners, colleagues and people around them.”

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Martin Toh,
Financial Services Director,
AIA Singapore Pte Ltd

What did you like about the program? And how relevant is it for the Insurance industry?

To be able to understand the motivation behind how people make decision thus better communication skills in workplace.

What specific skills did you learn that will help you do your work better?

Using Enneagram as an effective selection tools for hiring the right people for the right job and coaching of consultants.

What were 1 or 2 main take away nuggets?

As mentioned above. Plus, the course has been quite fun & insightful for me. To have an experienced Trainer like Granville and Marion is especially important.

How will others in the industry benefit?

Personal development for ourselves and co-worker.
Better communication skills set with customers.

Why would you recommend this to others to take?

Self-discovery is the most important step towards self-improvement; thus, Enneagram will be able to help us in this aspect. It is also a very useful skill set for both professional and personal settings.



John Chua

Financial Services Director,
AIA Singapore Pte Ltd

What did you like about the program? And how relevant is it for the Insurance industry?

The Enneagram certification course was quite refreshing discovery for me, firstly, for me to understand myself better, and also brings about my understanding and awareness of how other types of personality profiles behave in different situations. As an agency leader, we are constantly looking for the right people to join us in our industry, the awareness of the different personality profile helps me in the selection of candidates for recruitment.

What specific skills did you learn that will help you do your work better?

The ability to help someone discover what they may not know about themselves, and the ability to coach someone towards better performance.

What were 1 or 2 main take away nuggets?

Not to jump into conclusion to label anyone to a specific Enneagram Type. Helps me to understand other better through their personality profile and unspoken motivation.

How will others in the industry benefit?

I believe that for consultants in our industry, if they have better understanding of the different personality profiles, this will help in their communication and engagement with customers.

Why would you recommend this to others to take?

It was a practical and fun. Lots of interaction and also trainers Dr Granville and Marion Teo were excellent in making the sessions lively and enjoyable.



What Others are Saying?

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Carrie Chee,
Prudential,
Financial Services Manager

“This program helped me to understand myself and my team members better. It helped me to recognise some specific traits of a type and I can quickly adjust to understand the person better and speak his or her language. When we understand each other better, we can communicate and empathise better and be more tolerant. Everyone should come for this course to know themselves and who they are working or dealing with!”

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About EQ World

EQ World is dedicated to teaching Emotional Intelligence (EQ) in an engaging and thought-provoking way, blending fun and learning processes that translate into positive shifts and breakthrough results.



We deliver proven Enneagram interventions that accelerate positive change for individuals, businesses and teams and are at the forefront of research into the latest practices and applications to manifest results for all our partners.



With over 25 years of experience conducting EQ programs in the Asian region, our consultants have supported clients in Singapore and throughout Asia including top brands like AMEX, HSBC, SIA, Shell, Hewlett Packard, NOKIA, Sheraton, IBM, etc.

Our Other Clients



The Facilitator



Dr Granville Ed D'Souza
CEO of EQ World Pte Ltd

He founded this consulting and training company that specializes in organizational behavior and performance. In the last 27 years, Granville has been helping leaders and their charges approach their strengths and weaknesses through coaching and Enneagram workshops that deal with team and individual behavior. He has been a facilitator and Leadership Coach to C-suite executives from Fortune 500 companies.

He has co-produced the EQ Coach cards, Enneagram Insights and Enneagram Profiling Deck, written 3 books entitled EQ from the Inside Out, Unshakeable Spirit and EQ: The Secret of Inspiring leaders. Dr Granville has a Bachelor of Arts, an MBA and a Doctorate in Business Administration with the University Of South Australia where he researched on Emotional Intelligence.

- 2005** ● Enneagram Spectrum Certification with Dr Jerome Wagner, PhD, IEA Founding Member, clinical psychologist and pioneer in the field
- 2006** ● Enneagram in Business Certification with Ginger Bogda, IEA Board member and distinguished global leader in Enneagram.
- 2012** ● Enneagram Advanced certification with Dr Jerome Wagner, PhD, IEA Founding Member, clinical psychologist and pioneer in the field
- 2012** ● Enneagram Level 1 with Enneagram Institute with Russ Hudson, Co-Founder, Enneagram Institute.
- 2014** ● Narrative Tradition Certification with Dr David Daniels, IEA Founding member, psychiatrist and Co-Founder of The Narrative Tradition
- 2016 to 2022** ● Enneagram in Leadership certification with Ginger Bogda, IEA Board member and distinguished global leader in Enneagram.

The Facilitator

Daniel Yeo

Country Director, China of EQ World Pte Ltd



Daniel Yeo is the Country Director, China of EQ World Pte Ltd, a consulting and training practice specializing in organizational behavior and performance. He has 26 years of extensive engineering, sales, business development/Key Account management and people enablement experiences in the medical technology businesses in the Asia Pacific region.

Daniel partners C-Suites, business and L & D leaders in identifying challenges that inhibit growth mindsets and organization goals. And facilitates the journey of change towards set aspirations. Daniel has also developed and facilitated EQ & Mindfulness based change management program, Leadership, sales, and High-Performance team interventions. He is also certified in the Enneagram Profiling Tool and has used it extensively in his intervention programs.

Daniel spoke extensively on international HR conferences such as the Sino-German HR Summit, organized by the German Chamber of Commerce China, the HRD Summit in Shanghai and at the prestigious Shanghai Fudan University School of management to deliver a keynote speech on, “Mindful Leadership”.

A certified executive coach with over 2500 coaching hours, Daniel volunteered as an Executive coach for senior leaders from charities and Non-Profit Organizations with the Centre for Non-Profit Leadership. He also serves as a mentor with the Asian Institute of Mentoring. He founded Seed of Lives, a ground up initiative dedicated to build a more resilience society by offering Resilience Programs for children, teens and youth adults. With a team of volunteers, Daniel also teaches resilience program for detainees at the Singapore Armed Forces Detention Barracks.



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Contact Us:

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Regular Fee:

\$ 750.00 net

Early Bird by 10 July

\$650.00

AUDIENCE:

Salespeople, Influencers, Leaders

DURATION:

2 day workshop (Total 14 hours)

MATERIALS:

Workbook, Enneagram Personality Profile test.

Grant:

Skills Future Credit Approved



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www.eqworld.com