

# TYPE, TEACH, TRANSFORM THROUGH THE 27 ENNEAGRAM SUBTYPES

STRETCH YOUR UNDERSTANDING, ENHANCE YOUR SKILLS, AND INCORPORATE REAL-WORLD APPLICATIONS

## SINGAPORE TRAIN-THE-TRAINER PROGRAM

### I N F O R M A T I O N

<b>Program Overview</b> Read about the intention and purpose of "Type, Teach, Transform through the 27 Enneagram Subtypes" Page 1	<b>General Information</b> Read important program information, including logistics and more. Page 2	<b>Program Structure</b> Read about the theory and practice aspects of "Type, Teach, Transform through the 27 Enneagram Subtypes" Page 3	<b>Participants</b> Must know the Enneagram system and their types prior to attending. Subtype knowledge not required.
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## TYPE, TEACH, TRANSFORM THROUGH THE 27 ENNEAGRAM SUBTYPES

Stretch your understanding, enhance your skills, and incorporate real-world applications

4 session Train-the-Trainer program with Ginger Lapid-Bogda PhD

### Augment Your Subtype Knowledge

- We'll explore the architecture of each Enneagram type as a context for subtypes.
- You'll immerse yourself in in-depth subtype knowledge.
- There'll be ample opportunity to ask all your questions about subtypes.

### Increase Your Subtype Skills

- You'll learn to use stories and examples as you teach type that include all three subtypes of the type rather than unintentionally referring to only one subtype.
- You'll get subtype PowerPoint slides that help you refine your subtype teaching content and skills.
- There'll be applications to typing, personal and professional growth, leadership, relationships, teams, and more.

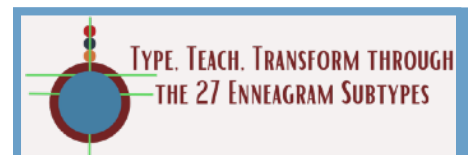
### Practice, Practice, Practice

You'll practice teaching subtypes, giving examples of subtypes in action, using subtypes in the typing process, and more. There will be supportive, constructive feedback throughout the program on your teaching, typing, and subtype stories.

**THIS PROGRAM PREPARES YOU TO TEACH SUBTYPES AT AN ENTIRELY NEW SKILL LEVEL!**

**Program Materials:** New book on subtypes ("The Enneagram Subtype Primer"), PowerPoint slides, hard copy and virtual training tools, and more

**Program Prerequisites:** All participant need to be familiar with the Enneagram system and know their own Enneagram type prior to attending.



2024 IN-PERSON PROGRAM

**April 18-21, 2024**

**Thursday, Friday, Saturday, and Sunday**  
8am - 5pm

### Program fee

Early bird: \$1800 (USD)  
After March 15: \$2000 (USD)

**Register here:**

[TheEnneagramInBusiness.com](https://TheEnneagramInBusiness.com)

### Singapore contacts

Alice Yuen  
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**Contact office for group discounts of 3+ people**

[info@theenneagraminbusiness.com](mailto:info@theenneagraminbusiness.com)

# MORE PROGRAM INFORMATION

<p><b>Meeting Venue</b>                  Royal Plaza on Scotts Singapore                  25 Scotts Road                  Singapore 228220  <a href="#">hotel website</a></p> <p>You'll receive an email with program details after you register.</p>	<p><b>Singapore Airport</b>                  Changi Airport is Singapore's international airport and is remarkable in its beauty, choice of restaurants and shopping options!</p> <p><b>The Program Includes...</b>                  Registration fee includes all program materials, plus snacks for breaks and lunch.</p>	<p><b>Refund Policy</b>                  Cancellations only before March 29th, 2024 (\$250 USD cancellation fee )</p>	<p><b>Meeting Times   2024 April 18-21</b>  <b>8 am – 5 pm (Singapore time)</b>                  Thursday through Sunday</p> <p>Attendance at all sessions is extremely important.</p>
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## Important Information

**Participant Requirements** This is a sophisticated program for people who want to use subtype information in accurate and nuanced ways.

**Hours** Daily program hours are 8 am – 5 pm (PST). Times are built into the program for breaks. Be sure to reserve time between sessions for both the pre- and post-work. This will be approximately 1 hour and will be done independently, using the Enneagram Learning Portal (ELP).

**Attendance** Attendance at all sessions is extremely important.

**Certificate** A program certificate will be sent electronically to all participants once the virtual sessions are complete. This certificate contains all the information you need should

you want to use this program toward becoming an IEA (International Enneagram Association) Accredited Professional (48 credit hours plus an additional 10 credit hours because this program is part of an IEA accredited school).

**Pre-Reading** Everyone must read two books: *The Art of Typing* (purchase [print/eBook](#)) and *The Enneagram Development Guide 3rd edition* (purchase [print/eBook](#))


**Materials (Sent Electronically)**  
 After you register, you will be sent program details and logistics. Close to the program's start, you will also be sent PowerPoint slides and other electronic materials.

**Hard Copy Materials**  
 At the start of the first session, you'll receive

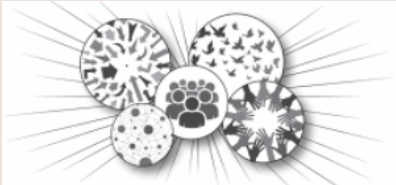
hard copy materials and "The Enneagram Subtype Primer," a new book that is available only through this program.

27 Enneagram Subtypes  
 (3 versions of each type)


Self-preservation Subtype



Social Subtype



One-to-One Subtype



Your subtype is created when the emotional habit ("passion") of your type intersects with the basic instinct(s) most activated in you: self-preserving, social or one-to-one. You may relate to having more than one subtype.

Ginger has nearly 30+ years of working with subtypes with real people, including multiple applications of subtypes in organizational and personal settings!

**Ginger Lapid-Bogda, PhD**, an internationally respected Enneagram author, teacher, OD consultant and coach, helps organizations, leaders, teams, and individuals use the Enneagram to enhance their personal and professional lives. She is the author of 9 Enneagram books, many of which have been translated into multiple languages; provides Train-the-Trainer and other certificate programs around the world, based on the Enneagram's business applications; offers Enneagram training tools (both hard copy and virtual); and created "Know Your Type," the Enneagram App for Apple, and the Enneagram Learning Portal, for online learning.



Ginger Lapid-Bogda

# WHAT IS THE PROGRAM STRUCTURE?

## Overall Program Orientation

This program enhances your subtype knowledge and skills in using this important aspect of the Enneagram in your work with clients. Each of the four in-person sessions are nine hours long. They begin at 8 am and end at 5 pm, with assignments given in-between.

## Session 1 | Program overview

Session 1 sets the framework and content for the program, starting with why we are doing a subtype program and what makes the instinctual subtypes so important. To that end, we will create a common subtype language, illuminate the key elements or structure of what type really is, and then dive into the instincts, the nine passions, and subtype theory and practice.

If you teach subtypes too early, people get confused. If you don't know subtypes or don't use subtypes at all, you might unintentionally confuse or mislead people by giving examples of a type that goes with one subtype but leave out the other two subtypes. You might also unintentionally mistype people by not being knowledgeable about the subtypes because some subtypes may look more like another type than the actual type of the person.

## Session 2 | Typing and teaching subtypes

How do you use subtype information when working to help others find their type accurately? How much or how little do you teach and when? How much do you need to know in order to teach subtypes as they relate to specific applications? How do you teach subtypes so you don't have to have all the answers, but allow those you teach to get enough information from you to identify their subtypes themselves. You'll receive great PowerPoint slides and practice your teaching skills with real-time feedback.

## Session 3 | Deeper work with subtypes and instincts

Because our subtype responses reflect when we function at our most automatic – meaning almost no room to push the pause button – working with subtype development can be a profound path to change and transformation. This session explores using subtypes for personal development and deep transformational work; learning and practicing subtype-based catalytic conversions; freeing our instincts – self-preserving, social and 1-1 – from our passions as a way to get our real needs met, and more.

## Session 4 | Subtype applications

This session focuses on understanding and exploring the major applications of using subtypes in a variety of teaching settings: relationships, conflict, leadership, teams and more. Subtype applications are rich in insight and practical in application.

## Program schedule at a glance...

### SESSION 1: OVERVIEW

- Introductions
- Why teach subtypes?
- Creating a common subtype language
- The Enneagram architecture
- Subtype immersion
- Teaching type without subtype bias

### SESSION 2: TYPING AND TEACHING SUBTYPES

- Typing individuals in the context of subtypes
- Teaching subtypes practice and feedback

### SESSION 3: DEEPER WORK WITH SUBTYPES AND INSTINCTS

- Personal development
- Deep transformational work with subtypes
- Subtypes and catalytic conversions
- Freeing our instincts as a transformative path

### SESSION 4: SUBTYPE APPLICATIONS

- Application: interactions
- Application: conflict
- Application: teams
- Application: leadership
- Closing

## Clearing up confusions

Sometimes learning about subtypes creates more confusion than clarity. And if you're confused, your clients will also be perplexed. Do you think you know everything about subtypes and have no confusion whatsoever? Realistically, we're all learning and evolving our understanding, so there is always more to learn and clarify. Can you have more than one subtype? Can you be a type but not relate to any of its three subtypes? Can you relate to all three subtypes, and does this matter?

What is the difference between instincts and subtypes? What actually is a counter-type? Why are counter-types important, or are they? Are subtypes more important than type? What are the best names to use for instincts? What words do we use for the nine emotional habits ("passions")? What are the best names to use for each of the subtypes?

How can you remember all you need to know about the 27 different subtypes? What is most important to know? How do you learn more? We'll address all these questions.